Scale - FSSG IN Scale

Description - FSSG IN Scale

Reference - Frequency scale for symptoms of gastroesophageal reflux disease (GERD). Adapted from Kusano et al 7 with permission from publication: Upper Gastrointestinal Symptoms Are More Frequent in Female than Male Young Healthy Japanese Volunteers as Evaluated by Questionnaire.https://www.researchgate.net/figure/Frequency-scale-for-symptoms-of-gastroesophagealreflux-disease-GERD-Adapted-from_fig1_290211751

Questions

1. Question: Do you get heartburn? Que Type: mcq with single select

1. Option: Never

2. Option: Occasionally 3. Option: Sometimes 4. Option: Often

5. Option : Always

2. Question: Does your stomach get bloated?

Que Type: mcq with single select

1. Option: Never

2. Option: Occasionally 3. Option: Sometimes 4. Option: Often

5. Option: Always

3. Question: Does your stomach ever feel heavy after meal?

Que Type: mcq with single select

1. Option: Never

2. Option: Occasionally 3. Option: Sometimes 4. Option: Often 5. Option: Always

4. Question: Do you sometimes subconsciously rub your chest with your hand?

Que Type: mcq with single select

1. Option: Never

2. Option: Occasionally 3. Option: Sometimes

4. Option: Often 5. Option: Always

5. Question: Do you ever feel sick after meals?

Que Type: mcq with single select

- 1. Option: Never
- 2. Option: Occasionally
- 3. Option: Sometimes
- 4. Option: Often
- 5. Option: Always

6. Question: Do you get heartburn after meals?

Que Type: mcq with single select

- 1. Option: Never
- 2. Option: Occasionally
- 3. Option: Sometimes
- 4. Option: Often
- 5. Option : Always

7. Question: Do you have an unusual (e.g. burning) sensation in your throat?

Que Type: mcq with single select

- 1. Option: Never
- 2. Option: Occasionally
- 3. Option: Sometimes
- 4. Option: Often
- 5. Option : Always

8. Question: Do you feel full while eating meals?

Que Type: mcq with single select

- 1. Option: Never
- 2. Option: Occasionally
- 3. Option: Sometimes
- 4. Option : Often
- 5. Option : Always

9. Question: Do some things get stuck when you swallow?

Que Type: mcq with single select

- 1. Option: Never
- 2. Option: Occasionally
- 3. Option: Sometimes
- 4. Option : Often
- 5. Option : Always

10. Question: Do you get bitter liquid (acid) coming up into your throat?

Que Type: mcq with single select

- 1. Option: Never
- 2. Option: Occasionally
- 3. Option: Sometimes
- 4. Option: Often
- 5. Option: Always

11. Question : Do you burp a lot?

Que Type: mcq with single select

1. Option: Never

2. Option : Occasionally3. Option : Sometimes

4. Option : Often

5. Option : Always

12. Question: Do you get heartburn if you bend over?

Que Type: mcq with single select

1. Option: Never

2. Option : Occasionally

3. Option : Sometimes

4. Option: Often

5. Option : Always

Interpretation

reflux - 1 . Mild Reflux Symptoms

reflux - 2 . Severe Reflux Symptoms

dyspeptic - 1 . Mild Dyspeptic Symptoms

dyspeptic - 2 . Severe Dyspeptic Symptoms